

Michigan Department of Education
Local Wellness Policy Assessment Plan

School Name: Shelwin Community Schools Date: 2018

| Goal What do we want to accomplish? | Action Steps What activities need to happen? | Timeline Start dates | Measurement How is progress measured? | Lead Person | Stakeholders Who will be involved and/or impacted? | Complete? |
|---|---|--|--|------------------|---|------------|
| <p>Example: Food and beverages will not be used as a reward for students.</p> | <p>a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.</p> | <p>Before the beginning of next school year.</p> | <p>- Verbal check-ins with staff to ensure compliance. - Teacher survey at end of school year.</p> | <p>Principal</p> | <p>Teachers, staff, students</p> | <p>Yes</p> |
| <p>1. Physical Activity will be encouraged throughout the school Day</p> | <p>① Promote Activities that involve Physical Activities ② Identify barriers to participation in physical After-school activities</p> | <p>2018-2019 School year</p> | <p>- Verbal check-ins with staff and families. - Parent Survey during parent teacher conferences</p> | <p>Principal</p> | <p>Teacher, staff, students, parents.</p> | |

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|--|---|-------------------------|---|----------------------|---|-----------|
| 2. Offer Appealing, Nutritious Meals to Student Athletes | <ul style="list-style-type: none"> ① Develop a Student Forum to determine likes and dislikes ② Develop a menu with choices that are healthy using student input | 2017-2018 Academic Year | Compare Sales of Athletic Meals to identify an upward trend. | Dir. of Food Service | Students Staff | ✓ |
| 3. Offer Nutritious Beverage Choices to 6-12 Students throughout the day | <ul style="list-style-type: none"> ① Provide Principals with suggestions for nutritious beverages ② Ensure water fountains are in proper working order | 2018-2019 School Year | Monitor Machines and Fountains 2x per year in Junior High and High School | Principals | Staff, Students | Ongoing |